

You will find moments of well-being to live intensely, to find the right harmony and to best relax in every moment of the day.



**HARMONY & RELAX** - sauna and steam room  
Relax and purification



**ENERGY ICE** - ice waterfall  
Moments of pure freshness



**POWER OF WATER** - pool and whirlpool  
The positive energy of water



**WELLNESS TIME** - emotional shower  
Harmony of lights, colors and scents



**BODY AND MIND** - fitness area and relax area  
The best Technogym® equipment



**BEAUTY MOMENTS** - facial and body treatments  
Massages or customized treatments

EGO My Wellness is open every day from 10 am to midnight (by appointment). The daily rate € 35.00 per person includes the use of the changing room, bath towels and personal locker.



All treatments can be booked by appointment.

Info and appointment:  
071.2181262 - info@egohotelancona.it  
See other services: egohotelancona.it

## BODY TREATMENTS



**Body Strategist Firming Mask**  
Nourishing, toning and firming treatment.  
€ 60,00 (50 min)



**Body Strategist Mud**  
Detoxifying and reducing treatment with thermal mud.  
€ 60,00 (50 min)



**Body Strategist**  
Detoxifying and remodeling cellulite treatment.  
€ 65,00 (50 min)

## FACE TREATMENTS



**Sublime Skin**  
Anti-aging restructuring treatment lift complete.  
€ 70,00 (50 min)



**Remedy**  
Reinforcing treatment for sensitive and delicate skin.  
€ 55,00 (50 min)



**Active Pureness**  
Regenerating treatment for impure skins.  
€ 55,00 (50 min)

## RITUALS



**Tranquillity Ritual**  
Aromaterapy ritual, face and body deeply soothing and anti-stress.  
€ 65,00 (50 min)



**Couple Tranquillity Ritual**  
Aromaterapy ritual, face and body deeply soothing and anti-stress.  
€ 130,00 (50 min)



**Total Relax**  
Relaxing and soothing face and body massage.  
€ 55,00 (50 min)



**Couple Total Relax**  
Relaxing and soothing face and body massage.  
€ 110,00 (50 min)



**Hot Stone**  
Ritual with hot basalt stones.  
€ 70,00 (50 min)



**Sleep Ritual**  
Innovative massage for profound relaxation and favoring sleep.  
€ 65,00 (50 min)

## BEAUTY



**Manicure**  
€ 20,00



**Aesthetic pedicure**  
€ 30,00



**Partial epilation**  
€ 20,00



**Complete epilation**  
€ 50,00

## EXPRESS



**Longevity Face**  
Longevity face treatment.  
€ 35,00 (30 min)



**Longevity Body**  
Longevity body treatment.  
€ 35,00 (30 min)



**Hydramemory**  
Intense hydrating facial treatment.  
€ 35,00 (30 min)



**Aromasoul Scrub**  
Renewing scrub ritual for soft skin.  
€ 40,00 (30 min)

# EGO MY FITNESS + WELLNESS

The excellence and technology of the best Technogym® equipment, so you do not have to give up on your daily training or release the stress of the day. After your workout, regenerate yourself with a steam bath or relax in the pool. Discover EGO My Fitness Entry Packages. Choose among the options proposed, the one that suits you. Admission valid for one person, also provides access to the wellness area.

## PACKAGES WELLNESS+GYM:

1 ticket: € 35,00 vat included  
2 tickets: € 69,00 vat included  
5 tickets: € 159,00 vat included  
10 tickets: € 304,00 vat included

EGO My Fitness is open every day from 10:00 a.m. to midnight (by appointment).  
Services included:  
- Water bottles 0,50 cl  
- Fitness towels